

VISION

THE DOWNTOWN TIMES



MATERNAL & CHILD HEALTH MONTH

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ROTARY FRONTLINERS



Stephanie A. Urchick
RI President
(2024-25)

Rotary thrives on fostering inclusion and belonging in our clubs, which are essential for unity and effectiveness. The Rotary Action Plan provides tools to gather feedback, assess club strengths and weaknesses, and address challenges. This plan helps clubs adapt strategically to the changing world, ensuring consistent progress toward a greater vision.

Prioritizing diversity, equity, and inclusion is crucial for expanding our reach and fostering a sense of belonging among members. This commitment also enhances our peacebuilding efforts, a top priority for Rotary. One of the key initiatives in this area is the Rotary Peace Fellowships, which train professionals in conflict prevention and resolution. These fellowships are offered through Rotary Peace Centers at leading universities worldwide, with over 1,800 graduates to date.

Creating peace, ending polio, and growing membership requires collective effort. Every project completed, dollar donated, and new member inducted contributes to this mission. Embracing the Magic of Rotary through inclusion, strategic change, and peace building can make every club and district irresistible, and together, we can change the world.



Rajendra Man Sherchan
District Governor
(2024-25)

First and foremost, I extend my heartfelt congratulations to all Rotarians, Rotaractors, and Interactors for the commencement of the Rotary Year 2024-25. My best wishes go out to all club leaders and members for a successful tenure ahead, following the completion of a productive Rotary Year 2023-2024.

Throughout the past year, Rotary International, District 3292, and all Rotary Clubs have diligently served our communities through various humanitarian initiatives.

The Rotary International President for RY 2024-2025, Stephanie A. Urchick, has called upon members to recognize and amplify our organization's ability to save lives. She unveiled the 2024-25 presidential theme, "The Magic of Rotary," urging members to infuse every project completed, every dollar donated, and every new member with this transformative magic.

As Rotarians, we engage in service projects aimed at aiding communities in need, thereby positively impacting the lives of those facing hardship. The leadership roles within Rotary, although spanning just one year, have the potential to be life-changing when we harness the capabilities of our teams and club members. Let us unite in our efforts towards enhancing humanitarian services.

I trust that all clubs within District 3292 will strive wholeheartedly to achieve the objectives of the presidential theme and district goals.



Manju Agrawal
Club President,
(2024-25)

I would like to begin by expressing my heartfelt gratitude to all the Rotarians of the Rotary Club of Biratnagar Downtown. Your unwavering support and dedication to our club's mission have been truly inspiring. It is with great honor that I step into the role of President for the year 2024-2025.

I also extend my deepest appreciation to Rotarian Kusum Agrawal for her exemplary leadership during the 2023-2024 term.

I am filled with a sense of responsibility and excitement for being chosen as the President of such a dynamic and committed group. The Rotary Club of Biratnagar Downtown has always been a beacon of service and community engagement, and I am committed to upholding these values as we move forward.

In the coming year, I encourage all members to actively participate and collaborate in our initiatives. Our collective efforts can turn our shared vision into reality, and I believe this year holds immense potential.

Our theme for this year is to bring "Magic of Rotary" to our community. This means approaching our projects with creativity, compassion, and a collaborative spirit. Each member's unique talents and energy are invaluable.

I look forward to an extraordinary year ahead with a sense of togetherness and hopefulness to create magic in the community we serve.

ROTARY CLUB OF BIRATNAGAR DOWNTOWN

(Rotary Year 2024-25)

BOARD MEMBERS



Rtn. Sugandha Todi
Secretary



Rtn. Manju Agarwal
President



Rtn. Kusum Agarwal
IPF



Rtn. Dr. Mamta Verma
Charter President



Rtn. Girija Sarda
President Elect



Rtn. Sarita Golchha
President Nominee



Rtn. Poonam Rathi
Secretary Elect



Rtn. Soni Newatia
Club Administrative Director



Rtn. Madhu Kabra
Club Membership Director



Rtn. Anita Sarda
Club Service Project Director



Rtn. Mukta Todi
Club Public Image Director



Rtn. Archana Sharma
Club TRF Director



Rtn. Sneha Atal
Largess AT Area



Rtn. Kiran Karua
Club News



Rtn. Poonam Rathi
Club Blog



Rtn. Swagata Singhania
Reliance



Rtn. Santosh Agrawal
Dharma

LEADERSHIP BEYOND THE CLUB



Rtn. Kiran Karna
Advisor - District Girls
Child Empowerment
Committee.



Rtn. Santosh Jain
Co- Chair District Girls
Child Empowerment
Committee, member of
Vocational Service
Committee



Rtn. Rachna Rathi
Co- Chair- District
Cerebral Palsy/ Down
Syndrome



Rtn. Nabinita Rijal
Co-Chair Rotary Spouse
Empowerment
Committee



Rtn. Archana Taparua
Co-Chair Fund Raising
Sub- Committee,
member of Paul Harris
Society Sub - Committee.



Rtn. Sunita Agarwal
Chair Region 7 - Rota
Quiz Sub Committee



Rtn. Girija Sarda
Chair Region 7- District
Diversity, Equity &
Inclusion Committee



Rtn. Santosh Agarwal
member of Annual Fund
Committee



Installation Ceremony



20th Club Installation ceremony of Rotary Club of Biratnagar Downtown was successfully held on the 3rd of July, 2024 at Hotel Swagatam. President RT.Manju Agarwal and her board was installed in the gracious presence of chief guest District Governor RT.Rajendra Man Sherchan. Guests of honour were ARC PDG RT.Santosh Rijal, PLAN Lead Rotarty Foundation & Regional Coordinator PDG RT. Basudev Golyan and RNLM chair PDG RT. Sanjay Giri. Our A.G. RT.Biju Thapaliya was also present along with other dignitaries from the district. Program was attended by President and members of Rotary Clubs of region 7, Rotractors, Interactors and dignitaries from different social organisations. Total no of guests were around 200.The Program was followed by dinner and plants were given as token of love to all the members & guests.



Club Activities



Tree Plantation



On 7th July, 2024, 100 saplings of fruit bearing trees such as guava, mango, amla, jamun, bael along with flower bearing and medicinal tree such as neem were planted in the premises of the construction site of Rehabilitation centre in Ikrahi village. 30% of the targeted 1000 plantations have already been planted, which will greatly benefit the environment of the Center and provide fruits and flowers to its inhabitants.



COTS



On 18th July, 2024, Rotary Club of Biratnagar Downtown organized COTS program jointly with Rotary Club of Biratnagar Fusion. Resource persons were DLF Region 7 Chair Rtn. Badri Katuwal, DRFC Region 7 Chair Rtn. Kamal Agarwal, PHS Sub-Committee Advisor Rtn. Sushil Rijal, District Public Image Co-Chair Rtn. Jayshree Jaju and our AG Rtn. Biju Thapaliya. 40 members attended the program and got benefitted.

Club Activities

Rotary Arogya Mission

Nutrition Awareness Program



On 25th July , 2024 , Under Rotary Arogya Mission , an awareness program on nutrition was conducted by dietician Om Prakash Shah of Birat Nursing Home. Knowledge & importance of proper diet and nutrition in a child's growing years was emphasized . 350 children of our adopted school Shree Janta Bal Adharbhut Vidyalaya were benefitted .



Pediatric Health Checkup



On 25th July , 2024 , Under Rotary Arogya Mission ,We organized Pediatric health check up with the help of a team of 8 medical staff including 3 doctors in collaboration with Birat Nursing Home. Due to the high prevalence of malnourishment among the rural children, diagnosis of various illness was conducted and they were offered discount in treatment. 350 students of our adopted school Shree Janta Bal Adharbhut Vidyalaya, Jehda were the beneficiaries.Children were given fruits and juice after the camp. Doctors were given certificate of appreciation adorned with 4 way test promoting Public Image of Rotary.

Rotary



TRADE FAIR

We organized our two day grand flagship event "Rotary Trade Fair", themed on "Empower women for a better tomorrow". The central aim of the event was to promote women entrepreneurs and subsequently provide them with a platform for their businesses. There were 51 stalls set up by our beneficiaries, comprising of a diverse array of essential products such as garments, jewelry, cosmetics, organic food items, decorative pieces etc.

The event was inaugurated by chief guest Mr. Lila Ballav Adhikari (Minister Of Internal Affairs & Law of Koshi Province).

The trade fair also served as a fundraising event to support the club's service projects for women and children.

Our heartfelt gratitude was extended to all our sponsors through certificates of appreciation

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Maternal & Child Health



Awareness program on Nutrition during Pregnancy & Lactation



On 24th July, 2024 Mrs. Meena Adhikari, Nursing Officer from Biratnagar Metropolitan City Health Department was the resource person who spoke about reducing maternal complexities pre and post-partum by stressing upon various aspects of diet and nutrition. Certificate of Appreciation adorned with the guiding principles of the 4 way test promoting Rotary Public Image was presented to her. We Distributed maternity kits which included baby dress, baby cover, maternity nightie, Horlicks, Dettol, soap for bathing and washing, mix khichdi packet, sanitary napkins, mat and fruits, We also provided 40 pregnant women from our RCC and local underprivileged community with snacks and juice after the program.





HIGHLIGHTS

Installation Program Attended by our Club

- ◆ 3rd July , 2024 Rotary Club of Biratnagar Fusion.
- ◆ 4th July , 2024 Rotary Club & Rotaract Club of Birtamode.
- ◆ 14th July , 2024 Rotaract Club of Nobel.
- ◆ 20th July , 2024 Rotary Club of Itahari & Itahari Yugal.
- ◆ 27th July , 2024 Joint Installation of Interact Club of DPS, DAV & Interact Club of Fusion



On 26th July, 2024, Our Club members attended the interaction program on “ Plan Lead & Addiction Prevention” addressed by PDG Rtn. Basudev Golyan, Plan Lead , RI

HAPPY
Birthday

6th July - Rtn. Neetu Todi
7th July - Rtn. Brijlata Todi
19th July - Rtn. Swethi Rathi

HAPPY
Anniversary

1st July - Rtn. Soni & Swantantra Nevatia
4th July - Rtn. Swethi & Naresh Rathi
**13th July - Rtn. Shobika & Sarwajeet Raj
Pandey**



Editor's Note

July, 2024



Namaste,

It is an honour to be appointed as the club editor for the year 2024/25 . Having been part of the Rotary club for the past 5 years , I have realised that this is a place not just for service and fellowship but it also has another dimension that has helped us develop as a person and contribute the society in whatever way possible. The power of Rotary club doesn't lie just through the service done by the members , it is the ability to spread the vision and motto that Rotary instils into others .

The theme for the month is ' Maternal and child health'. As Ana Venemen said - "The future of the world depends on the health and well-being of our mothers and children." Via our initiatives , we shall strive to bring a smile in the face of every mother and help them build a happier life.



Rt. Poonam Rathi

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